

PORTRAITS OF RESILIENCE

The American Psychological Association defines **RESILIENCE** as “the process and outcome of successfully adapting to difficult or challenging life experiences, especially through mental, emotional, and behavioral flexibility and adjustment to external and internal demands.” This trait is demonstrated by Holocaust survivors, not only during the events of the Holocaust, but in the years that followed as they rebuilt their lives and their families.

While one sentence cannot define a person’s identity, it can offer a powerful glimpse into the lived experiences that enabled resilience to reveal itself as a trait shared by the following survivors.

“We must do our best to understand those eldest among us, those who have ‘borne most’; to talk to them, and love them, and bear witness.”

-Martin Goldsmith, the author of *The Inextinguishable Symphony: A Tale of Music and Love in Nazi Germany*, and son of German Holocaust Survivors.

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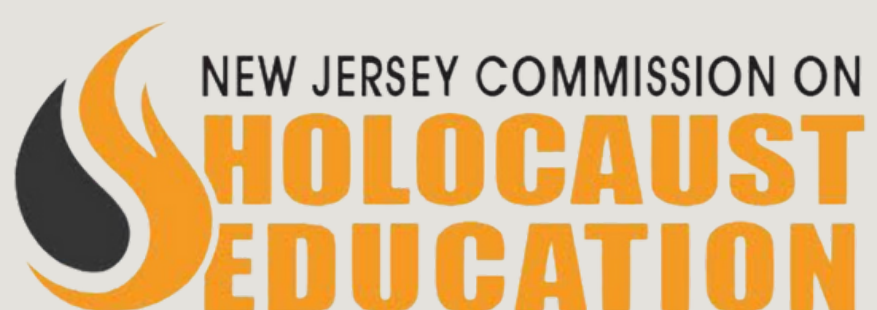
Photograph by Sheila McCloy-Nuss

Betty Lifshin Simon

Betty lived in the forest for two years hiding from the Nazis.



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To read more of Betty's story, scan here:



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Photograph by Jeanine Walling

Sonia Kaplan

Sonia fled to the forest and joined the Russian partisans.

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Photograph by Ann Erik

Arnold Weitzenhof

Arnold survived four Nazi concentration camps at just 15 years old.

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Photograph by Ann Erik

Ruth Zinman

Ruth's mother hid her with a peasant family.

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Photograph by Randee Rosenfeld

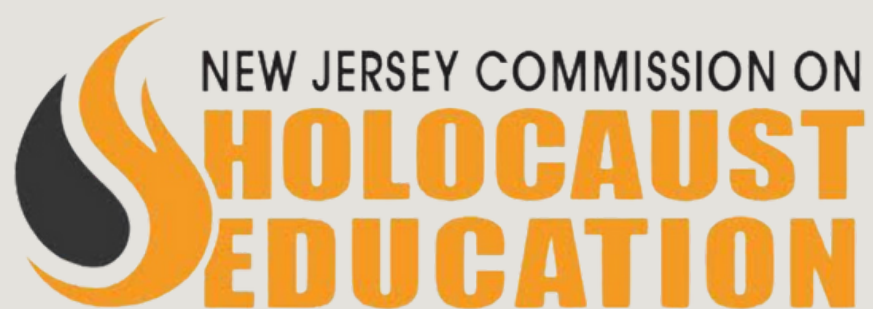
Nella Gelberg Juffe

Nella was one of only twenty five Jews left in a concentration camp.



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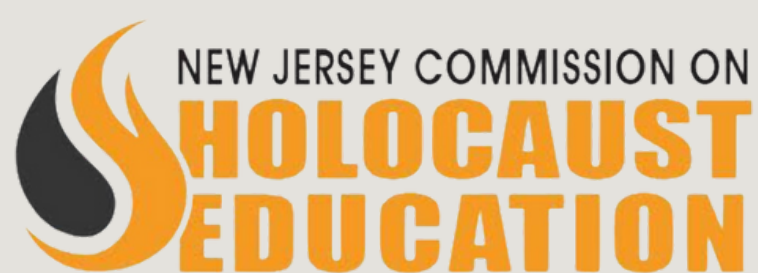
Photograph by Ann Erik

Leon Juffe

Leon hid in an underground hole disguised as a manure heap for sixteen months.



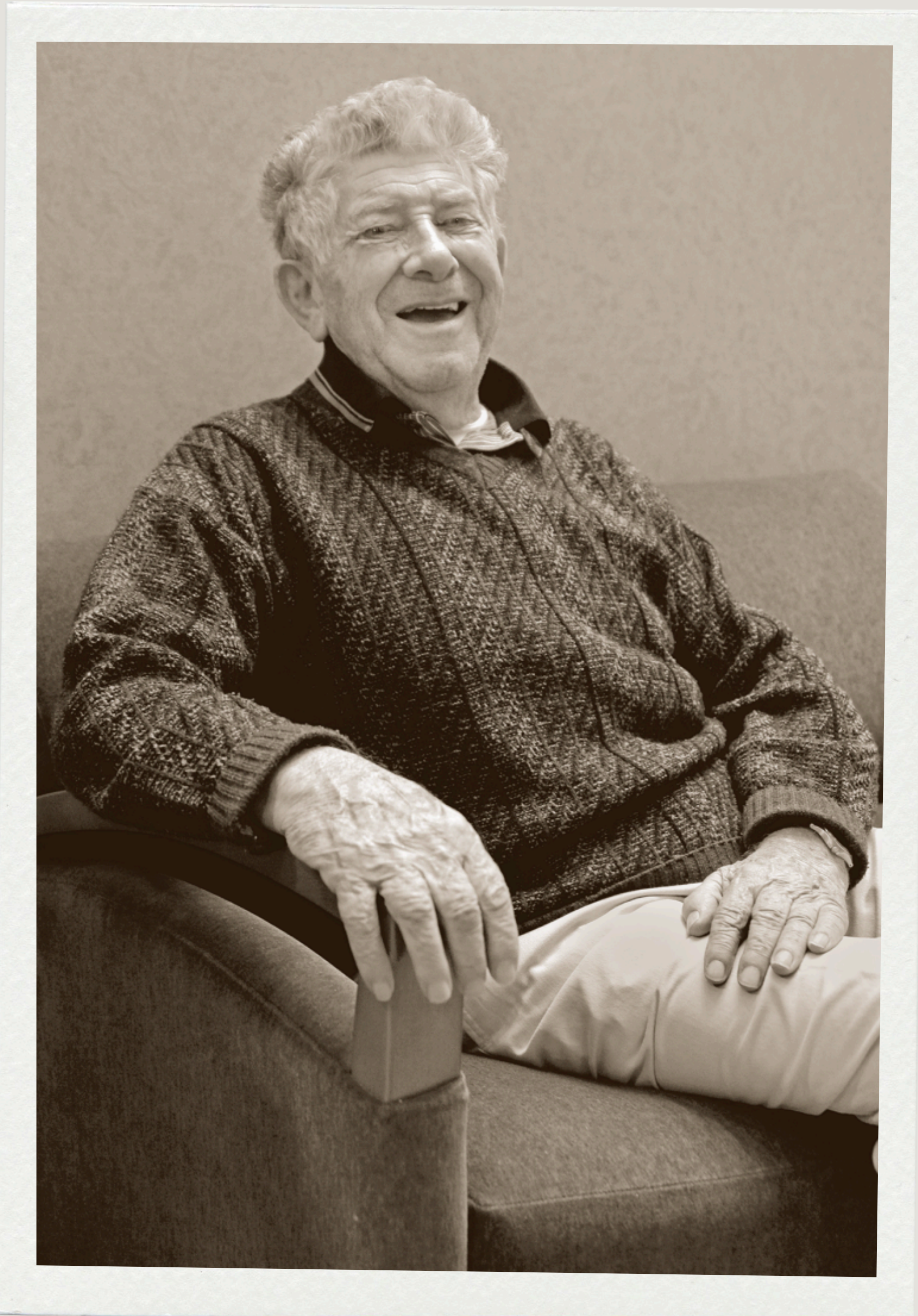
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Photograph by Danielle Gifford

Harry Hirsh

Harry made bread at Auschwitz and smuggled it to other inmates.

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Photograph by Ann Erik

Tom Kennedy

Tom delivered Swedish passports to hidden Jews.

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Photograph by Ann Erik

Rosalie Lebovic Simon

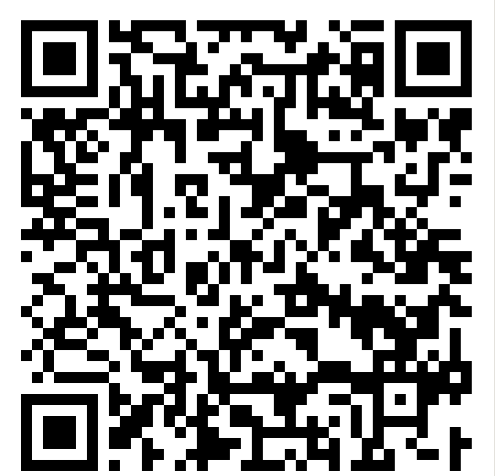
Rosalie survived Auschwitz by switching lines during selection.

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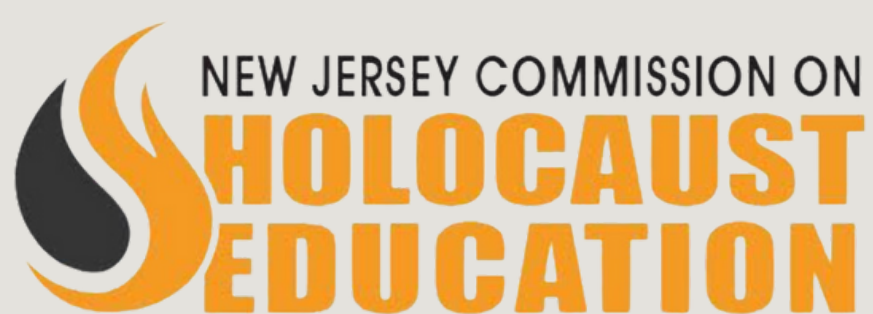
Photograph by Kim Clark

Phillip Goldfarb

Phillip survived typhus and forced labor in Siberia.



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Photograph by Ann Erik

Betty Kohn Grebenschikoff

Betty escaped Germany to Shanghai after Kristallnacht.

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Photograph by Ann Erik

Donald Berkman

Donald and his mother hid from the Nazis in the forest for over two years.

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